

## LAST YEAR, YOU MADE A BIG DIFFERENCE...

### **Zara (13) is a young carer; her mother won't leave their flat and her stepfather is blind.**

At her first Blue Skies session, Zara was reluctant to talk to anyone or even make eye contact. But as the students learnt to work as a team, Zara came out of her shell. She began to communicate with adults and integrate with her peers. Her whole demeanour and attitude changed as she demonstrated an ability to lead teams towards solutions during the tasks.

When Zara revealed she'd like to be an engineer – but couldn't see how that was possible because of her responsibilities at home – JET's civilian partner Cobham invited her back for work experience. Suddenly, what had seemed impossible began to seem achievable.

Without heroes like you, Zara – and hundreds of other children like her – would never have realised their potential.



### **Tom (12) looks after his mum. As her main carer, he's responsible for his mum's personal hygiene plus all the cooking and cleaning.**

It's hard for him to manage this and be ready for school, finish his homework or even get in the right mindset for learning.

Blue Skies is Tom's chance to escape and be inspired. From fast jets to the fire section; engineering to public speaking, Tom is seeing the possibility of a different future from the one he imagined. His teamwork and communication skills are growing all the time, along with his options for the future.

### **Amy (14) lives in Holyhead on the Isle of Anglesey, where many communities have some of the lowest levels of employment, income, educational attainment and health in the country.**

Selected by her school for our Blue Skies programme, Amy has seen her confidence and self-esteem soar. She finds it far easier to speak in front of people and she feels that people listen to her point of view now. Her ambition is to be a nurse in the RAF and thanks to Blue Skies it no longer seems out of reach. She's now exceeding her expected level in maths and science and has improved her English from below average for her age to the expected level.

Amy says "I can take instructions better now; I'm not as worried about what people think and I can talk more with my teachers.



**Without heroes like you, Zara, Tom and Amy – and hundreds of other children like them – would never realise their potential.**

The Jon Egging Trust believes that through inspiration and support, every young person can...

...overcome adversity



...identify their strengths



...be the best they can be



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**MAKE 2020 A YEAR WITH A DIFFERENCE**  
...transform a young life forever





## GET SET WITH JET

If you already have a place to take part in an organised event, why not fundraise for JET?

### Virgin Money London Marathon Sunday 26th April 2020

If you've already bagged your place in the world's most iconic marathon – congratulations! Now let your London Marathon legacy change lives for young people by joining JET's team.

[www.virginmoneylondonmarathon.com](http://www.virginmoneylondonmarathon.com)

### John West Great North Swim Friday 5th – Sunday 7th June 2020

Planning to tackle this open water swim in stunning Lake Windermere? Whether you go for the 250m sprint or a longer distance challenge, you'll have a great day out and make a huge difference. [www.greatrun.org/great-swim/great-north-swim](http://www.greatrun.org/great-swim/great-north-swim)

### John West Great East Swim Saturday 20th June 2020

Alton Water in Suffolk plays host to this open water swim with distances ranging from 250m to 10K. There's entertainment for spectators too – a must-do for all swim enthusiasts and their families. [www.greatrun.org/great-swim/great-east-swim](http://www.greatrun.org/great-swim/great-east-swim)

### Dart 10K Saturday 5th – Sunday 6th September 2020

The first mass participation river swim with a 10-year heritage, the Dart 10K offers a unique perspective on life and landscape. If you're lucky enough to have secured a place in the event ballot, why not fundraise for JET to make your hard work really count?

[www.outdoorswimmingsociety.com/dart-10k/](http://www.outdoorswimmingsociety.com/dart-10k/)



## JOIN THE JET TEAM

Get on your marks in one of 2020's must-do events by bagging a JET place. You'll need to commit to raising a certain amount in sponsorship to secure your spot, reserved for you by JET.

### Prudential Ride London Sunday 16th August 2020

A legacy of London 2012, this closed-road cycling event offers a unique combination of challenges. Families can experience central London landmarks by bike; cycling fans can watch the world's best professionals race and keen cyclists can take on the same scenic route from London to Surrey in a 46-mile or 100-mile sponsored challenge. JET has exclusive places – sign up for yours today and change a life forever. [www.prudentialridelondon.co.uk/](http://www.prudentialridelondon.co.uk/)

### Great North Run Sunday 13th September 2020

JET has a limited number of VIP places in this world-famous half marathon, billed as the most iconic in the world. From the Tyne Bridge to the welcome view of the sea on the home straight, this 13.1-mile route is definitely one for your 2020 to-do list.

[www.greatrun.org/great-north-run](http://www.greatrun.org/great-north-run)

### JETRIDE Sunday 20th September 2020

Our very own cycle event starts and finishes at RAF College Cranwell. Choose from a 50-mile or 80-mile route through the rolling countryside, quiet lanes and quaint villages of Lincolnshire. Plus a flypast by the famous Battle of Britain Memorial Flight (weather permitting). [www.joneggingtrust.org.uk/jetride](http://www.joneggingtrust.org.uk/jetride)



## SHOWTIME!

We'll be at the Royal International Air Tattoo (RIAT) and Bournemouth Air Festival this summer. Come and see us at our JET stand.

### RIAT 17th – 19th July 2020

Join JET at the world's largest military air show. RAF Fairford plays host to an amazing array of aircraft at this annual celebration of airborne agility. Buzz Aldrin says it is THE air show and Jeremy Clarkson calls it a 'magical spectacle'. [www.airtattoo.com](http://www.airtattoo.com)

### Bournemouth Air Festival 20th – 23rd August 2020

The UK's largest air show has entertained more than 10.5 million spectators since 2008. It holds a special place in our hearts because it's where Flt Lt Jon Egging tragically lost his life in a Red Arrows display. In his memory, JET aims to inspire young people to reach their full potential and live their dreams. [www.bournemouthair.co.uk](http://www.bournemouthair.co.uk)

## Horses for courses

We're not just about planes! If steam and horse-power are more your cup of tea, then we have the perfect day out for you...

### Hollowell Steam & Heavy Horse Rally 4th – 5th July 2020

With a friendly and informal atmosphere, this event attracts over 60,000 visitors each year. The Northamptonshire showground hosts hundreds of stunning steam- and horse-powered contraptions alongside fun for all the family. JET is one of the charities benefitting from this event. [www.hollowellsteam.com](http://www.hollowellsteam.com)



## TRY SOMETHING NEW...

If want to try something different, have a look at our selection of fundraising ideas for 2020: whether it's a new hobby, adrenalin rush or team-building experience, we've got it covered!

**Night photo shoots** are a must for photographers and plane fans alike. Five hours of photo opportunities with the aircraft at RAF bases. With special equipment and effects to test your skills, it's an experience you won't forget.

### Red Arrows Night Photo Shoot 23rd – 24th January 2020

An afternoon and evening of close-up photography at RAF Scampton, the home of the Red Arrows, offers a unique opportunity to take stunning photos of the famous red Hawk display jets. Book online at [www.timelineevents.org](http://www.timelineevents.org)

### Skydives

Take to the skies to raise funds for JET! You can jump out of a plane at various locations across the UK – just book the date and venue of your choice then let us know your plans so we can support your fundraising efforts with updates to inspire your supporters. [www.skydivecentre.com](http://www.skydivecentre.com)

### Plane Pull 29th – 31st August 2020

With this brilliant challenge, teams of 20 pull 35,000kg of Boeing 737 a distance of 50 metres. Imagine being able to brag about that! Taking place at Bournemouth International Airport over the August Bank Holiday weekend, the Dorset Plane Pull will help you end the summer in style! [www.planepull.co.uk](http://www.planepull.co.uk)

## DO YOUR OWN THING

If you'd prefer to plan your own personal challenge or event like these people, then we'll support you all the way! We can provide flyers, collection boxes and merchandise to help your fundraising.

**JET TRUSTEE DAN TYE** overcame serious injury to hike 60km to a height of 2,800metres when he took on the Rab Mountain Hike in the Yorkshire Dales for JET. Despite breaking his arm, leg and pelvis in a motorbike accident three years earlier, Dan completed the challenge in two days.

**JET SUPPORTER AND AVID RED ARROWS FAN MAXINE** held a raffle for a fantastic Red Arrows North American Tour Banner in January this year. Maxine always loved watching the Reds practise; she feels blessed to have lived in several places that have been on their flight path! When she managed to get hold of this promotional banner – she knew she wanted to give something back for all the flypasts she'd personally witnessed, so she sought out ten of the Reds to sign it and set up this special event to raise funds for JET.

**FLT LT JANE MASON** will be running the Marathon des Sables this Spring to raise funds for JET. The event is a six-day, 251 km ultramarathon, which is approximately the distance of six regular marathons. The longest single stage is 91 km long. This multiday race is held every year in southern Morocco, in the Sahara Desert. It has been regarded as the toughest foot race on Earth. The challenge will take place from 03 to 13 April 2020 and you can follow Jane's journey via GPS.



Every year, thousands of young people are at risk of dropping out of education. Many of them are having a tremendously difficult time at school, through no fault of their own. Mainstream education can't always help them to deal with the issues that may be creating an obstacle to their learning.

In JET's Blue Skies sessions young people have access to inspirational experiences and role models, and often find a whole new world of possibility open to them. The young people learn important skills, such as communication, teamwork and leadership. For many, even one session can be a life-changing experience where they find new confidence and the belief that they can achieve great things in their life.

Why not challenge yourself this year and become one of their heroes? Set up a great fundraising day with your friends or colleagues; cycle, swim, run or sky-dive to raise money – or simply have a great day out and indulge your passion for planes.

Take a look at the year planner on the right and choose your way to get involved – you could be one of their heroes in 2020 and help change a young life for good.

For latest updates on events please go to [www.joneggingtrust.org.uk/events](http://www.joneggingtrust.org.uk/events)